



Cynthia Ann Lott

AUG 10, 1961 - APR 10, 2023



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Table of Contents

Obituary	Page 3
Events	Page 4
Tribute Wall	Page 5



Cynthia Ann Lott

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Our beloved mother, grandmother, sister, and friend, Cynthia (Cindy) Ann Miles Lott, ended her valiant battle with cancer on April 10, 2023, at age 61, peacefully at home with family in Mapleton, Utah. Cindy was born August 10, 1961, to Sharon Miles Bryant and Roger Miles, the eldest of five children, in Chicago, Illinois. In her teenage years, she moved to Orem, Utah, with her mother and four siblings; where she graduated from Orem High School, then began working at Signetics where she met her former husband Terry Lott. In the early 2000s, Cindy started a career at Nature's Sunshine where she worked for many years and formed meaningful relationships with friends before taking early retirement.

Most of Cindy's free time consisted of outdoor activities like frequent camping trips, four-wheeling rides, and adventurous car rides with family members. Commonly stopping at Mavericks throughout Utah to pick up snacks or grab a sweet tea for whatever the day had in store for her. Cindy would typically finish her days with some peanut M&Ms in bed while watching tv shows, such as Golden Girls, The Nanny, and Friends to list a few of her favorites.

Cindy is preceded in death by her mother Sharon (John) and her sister Cheryl. She is survived by her daughters Ashley (Nate) and Shannon (James), also her siblings Jodie (John), Chris (Dorothea), and Julie (Larry). Three grandsons, Nathan, Kayden, and Holden, as well as numerous grand-puppies

A viewing service for friends and family will be held from 9:30 a.m. to 11:00 a.m. on Wednesday April 12, 2023 at the Mapleton 15th Ward, 1215 North 1000 West ~ Mapleton, Utah. Followed by a graveside service at 11:45 a.m. in Orem Cemetery, 1520 North 800 East ~ Orem, Utah.



Events

Cynthia Ann Lott

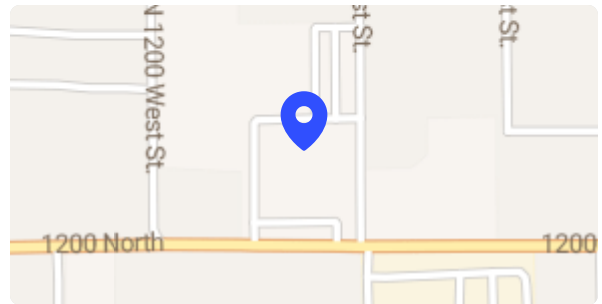
AUG 10, 1961 - APR 10, 2023

Viewing

 **Wednesday**, April 12, 2023

 9:30 AM MT

 **Mapleton 15th Ward**
1215 North 1000 West, Mapleton UT





Tribute Wall

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Karolyn Thielman posted:

I first met Cindy at Signetics. Years later we both were at Natures Sunshine was fun to recycle the friendship. Her family were loved and glad she and Sharon are together again.

April 14 at 2:28 PM



Memories only last if you share them

Join us in honoring Cynthia by contributing to a collection of shared memories.



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